

23 May 2018 at 2.00 pm

Conference Room, Argyle Road, Sevenoaks

Despatched: 14.05.18



## Health Liaison Board

### Membership:

(Membership possibly subject to change at Annual Council 15 May 2018)

Chairman, Cllr. Mrs. Bosley; Vice-Chairman, Cllr. Dyball

Cllrs. Dr. Canet, Clark, Halford, Parkin, Searles and Miss. Stack

### Agenda

There are no fire drills planned. If the fire alarm is activated, which is a continuous siren with a flashing red light, please leave the building immediately, following the fire exit signs.

	Pages	Contact
Apologies for Absence		
1. <b>Minutes</b> To agree the Minutes of the meeting of the Board held on 7 February 2018, as a correct record.	(Pages 1 - 4)	
2. <b>Declarations of Interest</b> Any interests not already registered.		
3. <b>Actions from the previous meeting</b>	(Pages 5 - 6)	
4. <b>Update on West Kent Health - One You</b>	(Pages 7 - 14)	Hayley Brooks Tel: 01732 227272
5. <b>Update on GP pilot - 'One You Your Home' Project</b>	(Pages 15 - 18)	Hayley Brooks Tel: 01732 227272
6. <b>Updates from Members</b>		
7. <b>Workplan</b>	(Pages 19 - 20)	

### EXEMPT INFORMATION

At the time of preparing this agenda there were no exempt items. During any such items which may arise the meeting is likely NOT to be open to the public.

If you wish to obtain further factual information on any of the agenda items listed above, please contact the named officer prior to the day of the meeting.

Should you need this agenda or any of the reports in a different format, or have any other queries concerning this agenda or the meeting please contact Democratic Services on 01732 227000 or [democratic.services@sevenoaks.gov.uk](mailto:democratic.services@sevenoaks.gov.uk).

**HEALTH LIAISON BOARD**

Minutes of the meeting held on 7 February 2018 commencing at 2.00 pm

Present: Cllr. Mrs. Bosley (Chairman)

Cllr. Dyball (Vice Chairman)

Cllrs. Dr. Canet, Clark, Parkin and Searles

Apologies for absence were received from Cllrs. Halford and Cllr. Stack

16. Minutes

Resolved: That the Minutes of the meeting of the Board held on 8 November 2017 be approved and signed by the Chairman as a correct record.

17. Declarations of Interest

There were no additional declarations of interest.

18. Actions from the previous meeting

The Head of Housing and Health advised that the website had been updated to include 'Walking and Running' as well as Health Walks. New services had been set up with the GP clusters and Officers are supporting the Dartford and Gravesham Clinical Commissioning Group (CCG) on social prescribing models.

19. Licensing and how it fits with health

The Committee welcomed the new Head of Licensing Partnership, who gave Members an overview of how Licensing fitted in with Health. She advised that there were a number of licensing regimes that fitted with health, in particular alcohol, with its link between abuse of alcohol and health issues, the availability of alcohol, safeguarding and addiction. Whilst it could be easy to identify problems with known premises and take action to review the licence, it was harder to evidence a more widespread link between general areas and the increase or presence of alcohol related health issues.

Sevenoaks had been selected to take part in a pilot scheme being arranged by the Home Office to test a piece of software which would plot crime and health data across the geographical area into the licensing database. This would allow evidenced based conclusions to be drawn and policies amended accordingly. Under the licensing regimes, safeguarding was part of taxi and private hire licence knowledge tests. There were also other safeguarding issues that officers were aware to look out for when visiting licensed premises. Safeguarding

## Agenda Item 1

Health Liaison Board - 7 February 2018

responsibilities were also being expanded to gambling premises, to ensure there would be policies and procedures in place help protect addicts. Members were provided with the example that someone would not be able to bet their entire wages.

The Licensing Partnership would be running the Metropolitan Police initiative, Welfare and Vulnerability Engagement (WAVE) which was to remind and train the different industries and officers about what more they could do to intervene with situations and how it could impact health outcomes and prevent serious injuries and assaults.

Members were advised that air quality was also being looked into, and ways to encourage 'green' vehicles with respect to the policy for licensing of taxis.

Members discussed the points raised and were advised of the licensing process for alcohol sales and licensed premises and a link to public access would be circulated to all Members. Education was key was key in raising awareness against loneliness and the use of alcohol.

*Action 1: For Head of Licensing Partnership to circulate the Licensing Public Access link to all Members.*

Members further discussed the role of Trading Standards within licensing and mobile food vans not being located outside schools.

*Action 2: For Head of Licensing Partnership to look into the framework behind Street Traders.*

Resolved: That the report be noted.

The Committee thanked the Head of Licensing Partnership for her attendance.

### 20. Updates from Members

Cllr. Clark advised that he had attended the Rural Services Network Health & Social Care Board and tabled a written summary from the meeting. Members discussed the issues identified by the network and discussed their top 3 areas of priority for the survey. Members were also advised that they could complete the survey themselves.

Cllr. Searles advised that he had attended the recent Health and Overview Scrutiny Committee meeting, Dartford, Gravesham and Swanley (DGS) Health and Wellbeing Board and the Dartford and Gravesham CCG Board. Concerns were around the number of nursing vacancies at Darent Valley Hospital. It was hoped by 2020 that a medical school would be built in Canterbury.

Cllr. Dyball advised that Health Walk Leader Training would take place on 27 February 2018 and raised concerns regarding illegal tooth whitening.

The Chairman advised that the new 5 'One You' Advisors were all in place and were responding to the 150 referrals that had been received. There were placements in an initial 4 GP surgeries and were providing support and information to link the different support services available whilst carrying out holistic assessments with customers. The funding was provided by Kent Public Health for 3 years. The Chairman also advised that Supajam a charity in Swanley providing help for young people with special educational needs were looking to provide breakfast for their students. The Head of Housing and Health advised that a local charity had been contacted. Members discussed speaking to local food outlets and supermarkets. The Head of Housing and Health advised she would take the suggestions forward.

21. Workplan

The work plan was noted with the removal of West Kent Challenge. Members were asked to consider an external attendee for the September 2018 meeting.

THE MEETING WAS CONCLUDED AT 3.35 PM

CHAIRMAN

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<b>ACTIONS FROM THE MEETING HELD ON 7.2.18</b>			
<b>Action</b>	<b>Description</b>	<b>Status and last updated</b>	<b>Contact Officer</b>
ACTION 1	Head of Licensing Partnership to circulate the Licensing Public Access link to all Members.  (Minute 19 - 'Licensing and how it fits with Health)	Email sent giving required info	Sharon Bamborough Ext. 7325
ACTION 2	Head of Licensing Partnership to look into the framework behind Street Traders.  (Minute 19 - 'Licensing and how it fits with Health)	Discussed with legal and Chief Officer. There is no desire at the present time to pursue the adoption/implementation of a street trading licensing scheme within Sevenoaks. It will be put in the licensing service plan for 2018/19 to investigate viability / practicalities of implementing a street trading scheme in the future.	Sharon Bamborough Ext. 7325

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## UPDATE ON WEST KENT HEALTH - ONE YOU

### Health Liaison Board - 23 May 2018

Report of Chief Officer Communities & Business

Status For Information

Key Decision No

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**Executive Summary:** To update Members on the work of the new West Kent 'One You' Health Service, developed in partnership with Kent County Council and neighbouring district councils.

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**This report supports the Key Aim of** reducing health inequalities and improving health and wellbeing

**Portfolio Holder** Cllr. Michelle Lowe

**Contact Officers** Hayley Brooks, Ext. 7272

Anton Tavernier-Gustave, Ext. 7121

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**Recommendation to Health Liaison Board:** That the report be noted.

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**Reason for recommendation:** This Council is working with partners to deliver health improvement services through a holistic assessment model and the national 'One You' health campaign. The service aims to support local residents to improve their health and wellbeing and reduce health inequalities through targeted assessments and interventions.

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### Introduction and Background

- 1 This Council works with key partners including Kent Public Health Team, GP Clinical Commissioning Groups (CCGs), local health and social care providers and the voluntary sector improve the health and wellbeing of residents, particularly targeting those in the greatest of need.
- 2 The District Council's Network (DCN) Kings Fund Report highlighted the importance of frontline district council services and their partnerships to contribute to achieving health outcomes locally. This can be achieved by supporting and working with residents to address the wider determinants of health such as housing, debt, leisure, planning, licensing and community engagement, as well as healthy lifestyle behaviours.

## Agenda Item 4

- 3 Over the last eight years, this Council has been funded by Public Health, which is now the responsibility of Kent County Council, to deliver a range of health and wellbeing preventative programmes.
- 4 Officers have worked with the Portfolio Holder to produce a District Health Deal. This document includes a ten point plan demonstrating how the work and services provided by this Council can contribute to improving health and wellbeing of local residents. This work includes integrating services including working with GP surgeries, identifying local needs, supporting health to in all policies, strong local partnerships with the voluntary sector and proactively working across frontline services to support communities.

### **National 'One You' Campaign**

- 5 Around 40% of all deaths in England are related to unhealthy behaviour and lifestyle, with the NHS spending over £11 billion every year treating illnesses caused by poor diet, inactivity, smoking and alcohol.
- 6 In 2016, Public Health England launched the national 'One You' campaign. One You aims to encourage adults to take control of their health and supports them to make positive changes to their lifestyle behaviours.
- 7 One You has a national website and encourages people to take part in an interactive quiz, directs people to tools and digital resources and signposts to local One You Services and Advisers.

### **One You Service in Sevenoaks**

- 8 In partnership with neighbouring councils, this Council is working with Kent Public Health Team to develop a One You service model across West Kent. The aim of this service is to support residents with healthier choices and also assess and support them with other issues. These issues include financial and housing issues, loneliness and isolation, poor mental wellbeing, lack of home adaptations and unemployment, which are likely to be contributing to the unhealthy behaviours.
- 9 This Council has recruited two One You Advisers who support local residents to make lifestyle and behaviour changes. The Advisers also assess wider issues, offer support and refer people into other support services such as other Council services, local voluntary sector organisations and community groups to address the wider determinants.
- 10 To innovate this service further, an additional two 'One You Your Home' Advisers have been recruited in partnership with Age UK, funded through this Council's Better Care Fund from Government. These Advisers provide targeted work in GP surgeries to support health professionals to address non-medical issues. Advisers focus on improving the home environment and links to community activities for targeted residents, identified by GP's including installation of home adaptations and specialist equipment, attending support/community groups, housing and financial issues as well as lifestyle and wellbeing assessments.

- 11 Members will be updated at the meeting with a presentation on the West Kent One You Service in Sevenoaks District.

### Key Implications

#### Financial

- 12 In 2017/18 and 2018/19, this Council received annual Public Health funding of £120,935 from Kent County Council to deliver targeted health improvement programmes including the One You Service, through a Partnership Agreement.

#### Legal Implications and Risk Assessment Statement.

- 13 There are no legal implications for the Council associated to this report.

#### Equality Assessment

- 14 Members are reminded of the requirement, under the Public Sector Equality Duty (section 149 of the Equality Act 2010) to have due regard to (i) eliminate unlawful discrimination, harassment and victimisation and other conduct prohibited by the Equality Act 2010, (ii) advance equality of opportunity between people from different groups, and (iii) foster good relations between people from different groups.
- 15 The impact has been analysed and does not vary between groups of people. The decisions recommended through this paper are the result of a wide-ranging health impact assessments and the service responds to identified needs.

### Conclusions

- 16 To update Members on this Council's work to deliver the West Kent One You Service which provides targeted health improvement assessments and programmes, in partnership with Kent County Council and neighbouring councils

#### Appendices

Appendix A - Equalities Impact Assessment

#### Background Papers

[DCN Kings Fund Report 'The district council contribution to public health'](#)

[Sevenoaks District Health Deal](#)

[National One You Campaign](#)

[Sevenoaks District One You Service](#)

**Lesley Bowles**  
Chief Officer Communities & Business

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## EqIA Template - for DECISIONS

This template should be completed alongside proposals that will be subject to decision by Councillors.

<b>Summary of decision to be made:</b>	Sevenoaks District One You Service (Health Preventative Services)		
<b>Lead Officer (job title):</b>	Hayley Brooks, Head of Housing and Health		
<b>Date the final decision is due to be made:</b>	13/10/2016	<b>Date this assessment commenced:</b>	02/10/2017
<b>Is the decision relevant to the aims of the Public Sector Equality Duty?</b>			Yes / No
Eliminate discrimination, harassment and victimisation			Yes / No
Advance equality of opportunity			Yes / No
Foster good relations			Yes / No
If the answer is yes to any of the above, proceed with the assessment. If the answer is no, please say why and summarise any evidence:			
For each of the following characteristics, summarise any existing data, consultation activity, interpretation of the impacts and actions that can be taken to reduce or mitigate any negative impacts:			
<b>Characteristic:</b>	<b>Data and consultation</b>	<b>Summary of impact</b>	<b>Actions</b>
Disability	Health profiles, 2011 Census, West Kent & DGS Needs Assessments, Kent Joint Strategic Needs Assessment, Kent Health and Wellbeing Strategy, Sevenoaks District Health Deal	Improvements on existing services that target health inequalities will offer more opportunities for those with disabilities to access services	WKEP Aim: Events and activities are open to all and raise awareness
Carers	As above	Improvements on existing services that target health inequalities will offer more opportunities for carers to access services	WKEP Aim: Events and activities are open to all and raise awareness
Race	As above	Health and wellbeing interventions are open to all residents regardless of their race. Improvements to existing services will offer more opportunities for residents to access services.	WKEP Aim: Events and activities are open to all and raise awareness
Gender	As above	Health and wellbeing interventions are open to residents regardless of their gender. Improvements to existing services will offer more opportunities for residents to access services.	WKEP Aim: Events and activities are open to all and raise awareness

EqlA Template - for DECISIONS

Age	As above	Health and wellbeing interventions are open to all residents. Some age restrictions may apply depending on the activity and the contract to which it pertains, eg chair based activities are targeted at over 60s. Improvements to existing services will offer more opportunities for residents to access services.	WKEP Aim: <a href="#">Adapt our services and direct people more easily between services</a>
Religion / Belief	As above	Health and wellbeing interventions are open to residents regardless of their religion/belief. Improvements to existing services will offer more opportunities for residents to access services.	WKEP Aim: <a href="#">Events and activities are open to all and raise awareness</a>
Sexual Orientation	As above	Health and wellbeing interventions are open to residents regardless of their sexual orientation. Improvements to existing services will offer more opportunities for residents to access services.	WKEP Aim: <a href="#">Events and activities are open to all and raise awareness</a>
Pregnancy / Maternity	As above	Health and wellbeing interventions are open to residents. Some restrictions may apply to in pregnancy, medical advice would be sought and alternative services found. Improvements to existing services will offer more opportunities for residents to access services.	WKEP Aim: <a href="#">Adapt our services and direct people more easily between services</a>
Marital or Civil Partnership Status	As above	Health and wellbeing interventions are open to	

EqlA Template - for DECISIONS

		residents regardless of their marital or civil partnership status. Improvements to existing services will offer more opportunities for residents to access services.	WKEP Aim:Events and activities are open to all and raise awareness
Gender reassignment	As above	Health and wellbeing interventions are open to residents regardless of their reassignment. Improvements to existing services will offer more opportunities for residents to access services.	WKEP Aim:Events and activities are open to all and raise awareness
<b>Summary of impacts:</b> (to be included in committee reports)	<p>Under the Public Sector Equality Duty (section 149 of the Equality Act 2010) to have due regard to (i) eliminate unlawful discrimination, harassment and victimisation and other conduct prohibited by the Equality Act 2010, (ii) advance equality of opportunity between people from different groups, and (iii) foster good relations between people from different groups.</p> <p>The impact has been analysed and does not vary between groups of people. The decisions recommended through this paper are the result of a wide-ranging health impact assessments and the service responds to identified needs.</p>		
Please tick the outcome of this assessment:	<b>No impact</b>	<del>Adjust the policy</del>	<del>Continue the policy</del>
Date assessment will be reviewed:	02/10/2017		

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## UPDATE ON GP PILOT - 'ONE YOU YOUR HOME' PROJECT

Health Liaison Board - 23 May 2018

Report of Chief Officer Communities & Business

Status For Information

Key Decision No

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**Executive Summary:** This report updates Members on this Council's involvement in the One You Your Home Project

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**This report supports the Key Aim of** providing the right support at the right time, reducing health inequalities and improving health and wellbeing for all

**Portfolio Holder** Cllr. Michelle Lowe

**Contact Officers** Hayley Brooks, Ext. 7272

Anton Tavernier-Gustave, Ext. 7121

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**Recommendation to Health Liaison Board:** That the report be noted.

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**Reason for recommendation:** This Council has developed a new pilot project with three local GP surgeries, in partnership with Age UK and funded by this Council's allocation of the Better Care Fund. The project aims to support residents, identified by health professionals, with non-medical issues such as the need for home adaptations and equipment, help with housing and financial issues and healthy lifestyle behaviours.

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### Introduction and Background

1 The Government's Better Care Fund (BCF) is one of the most ambitious programmes across the NHS and local government to date. It creates a local budget to encourage the NHS and local government to work more closely together, placing people's wellbeing as the focus of health and care services. Actions delivered as part of the BCF aim to achieve at least one of the core principles to:

- Reduce or eliminate hospital admissions;
- Allow a speedier discharge from hospital;
- Consider long term needs of individuals and reduce associated treatment and social care costs;

## Agenda Item 5

- Undertake works, adaptations or provision of equipment to support that is not provided by any other service.
- 2 Nationally the ageing population is set to increase with the number of people over 65 to increase by 37% by 2036 and the number of people over 85 in Sevenoaks District is forecast to rise by 21.1% by 2020. It is therefore essential this Council works with key partners to support people to remain independent in their own homes and to make healthier lifestyle choices.
  - 3 Supporting people who are lonely can have a massive impact on improving health and wellbeing, as well as reducing demand on health and social care services. A national poll as part of the 'Campaign to End Loneliness' found that one in every ten patients seen by GPs daily are affected by loneliness. The Age UK evidence review in 2014 showed that lonely people are more likely to visit their GP, have higher incidence of falls, use accident and emergency services and have increased risk factors for needing long term care.
  - 4 In 2016, Public Health England launched the national 'One You' campaign. One You aims to encourage adults to take control of their health and supports them to make positive changes to their lifestyle behaviours.
  - 5 'One You Your Home' extends the One You service model and utilises funding from this Council's Better Care Fund provided by Government to employ specialist advisers with Age UK Sevenoaks & Tonbridge to work with older people in Sevenoaks District, identified by GPs, as needed non-medical tailored support through home and lifestyle assessments.

### Sevenoaks District One You Your Home Project

- 6 This pilot project commenced in January 2018, for an initial one year period. Two 'One You Your Home' Advisers have been employed to work in two GP surgeries in the District. The Advisers support health professionals by addressing non-medical issues for residents identified as being most in need of this service.
- 7 These Advisers focus on improving the home environment as well as providing links to local community activities to reduce isolation. This work provides holistic home and lifestyle assessments, which include: the need for home adaptations and specialist equipment; sourcing local support and community groups; referring for housing and financial advice; as well as carrying out One You lifestyle and wellbeing assessments.
- 8 The project provides a single point of contact to work with an individual to address issues relating to wider health determinants and social isolation. This work provides support across district council services and using this Council's strong partnership links to refer to others for specialist and localised support, all of which can have a positive impact to improving health and wellbeing longer term.
- 9 The aims of the One You Your Home Pilot is to:

- Reduce time spent visiting a GP;
- Reduce the number of calls to the surgery & attendances at A&E;
- Reduce loneliness and isolation, supporting residents to access appropriate local services;
- Undertaking preventative activities reducing future demands on health and social care services;
- Target this Council's Disabled Facilities Grants (DFG) for residents in need of home adaptations and specialist equipment. This promotes independence living, ensuring the home environment is safe and secure.

10 Members will be updated at the meeting with a presentation on this Project.

### **Key Implications**

#### Financial

- 11 This Council receives an annual Better Care Fund grant from Government to deliver targeted services to achieve the outcomes of the BCF core principles, as set out in paragraph 1 above. This Council has allocated £113,000 of the BCF to this Pilot to fund Age UK Advisers, resources and equipment.
- 12 Further partnership funding and other external funding options are being explored to continue this work after the pilot project, if required based on the outcomes achieved.

#### Legal Implications and Risk Assessment Statement

- 13 There are no legal implications for the Council associated with this report.

#### Equality Assessment

- 14 The decisions recommended through this paper have a remote or low relevance to the substance of the Equality Act. There is no perceived impact on end users.

### **Conclusions**

- 15 To update Members on this Council's work to deliver a GP Pilot Project, One You Your Home, delivered in partnership with Age UK Sevenoaks & Tonbridge and funded through this Council's allocation of the Government's Better Care Fund. The project provides holistic home and lifestyle assessments for targeted residents, identified by health professionals within GP surgeries, to improve health and wellbeing longer term.

### **Appendices**

Appendix A - Equalities Impact Assessment

### **Background Papers**

[DCN Kings Fund Report 'The district council contribution to public health'](#)

[Sevenoaks District Health Deal](#)

## Agenda Item 5

[National One You Campaign](#)

[Sevenoaks District One You Service](#)

**Lesley Bowles**  
**Chief Officer Communities & Business**

Health Liaison Board Work Plan 2018/19 (as at 25.04.18)

23 May 2018	19 September 2018	7 November 2018	6 February 2019
Update on West Kent Health - One You  Update on pilot project with GPs			

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